

Complete exam transcript and sample answers to Zestaw 1

Zestaw 1

Warm-up questions

Examiner: In this part of the exam I'm going to ask you some questions. The first one is: Where would you like to live in the future? Why?

Candidate: Well, I think the most exciting place for me would be a big city like Warsaw, for example. As far as entertainment is concerned, there are a lot of theatres, cinemas, shopping centres and clubs, so one can always find something interesting to do. Of course, it is also easier to find a job there.

Examiner: Do you like going shopping? Why or why not?

Candidate: Actually, I don't. I find it boring. It's no fun walking from one shop to another looking at tons of clothes.

Examiner: Do you have any pets? Why or why not?

Candidate: No, I don't. I live in a flat and I don't think it is a good place for a dog or a cat. Besides, we often go away so it would be hard to keep fish or a rabbit.

Examiner: Which is your favourite season of the year? Why?

Candidate: I love summer! The days are long, it's warm so I can wear light clothes and, of course, we have holidays.

Examiner: What sports do you like?

Candidate: I like basketball because it is a very fast game. I also like football because almost everybody in Poland is interested in it. And I like cycling. I can admire nice views while on a bicycle ride.

Examiner: Thank you.

Zadanie 1

Examiner: Let's move on now to Task 1. Please read the task. You have about half a minute. Then we will start. (After 30 seconds) Can we start now?

Candidate: Yes.

Examiner: Hello, how can I help you?

Candidate: Hello, I'm looking for a job as a chef. Are there any job openings?

Examiner: I'm afraid we don't have any openings for chefs. Would you consider doing something else?

Candidate: Well, I can also work as a waiter. Are there any openings for waiters?

Examiner: Yes, there are two. One is from McDonald's and the other one is from the Royal Restaurant.

Candidate: I see. Could you tell me about the working hours? I mean when do I start and finish each day?

Examiner: In both jobs you start at 3pm and finish at midnight. And sometimes you will have to work at weekends.

Candidate: Oh, I'd rather not work at weekends.

Examiner: Why?

Candidate: I attend a weekend language course.

Examiner: OK, I think you can negotiate that later. Would you like to know anything else?

Candidate: Yes, I would like to know how much both jobs pay.

Examiner: In McDonald's you would earn about £5 per hour and in the Royal Restaurant about £20. Have you got any qualifications or experience?

Candidate: Yes, last summer I worked at KFC in Poland.

Examiner: I'm afraid you aren't experienced enough to work at the

Royal Restaurant.

Candidate: Maybe, but I learn very quickly and I like challenges.

Examiner: Yes, but it is a very exclusive restaurant and I think they need a waiter with more experience.

Candidate: I still think I am a good candidate. I'm very hardworking and reliable. I would like to apply for this position.

Examiner: OK, I can arrange a job interview for you. Thank you that is the end of Task 1.

Zadanie 2

Examiner: Let's move on to Task 2. Please describe the picture.

Candidate: In the picture I can see four women sitting at a table in a cafe. They are probably drinking tea because I can see a teapot on the table. They are wearing light clothes, so it must be summer. I guess they are friends. They probably haven't seen each other for some time and have decided to get together.

Examiner: Thank you. I will ask you three questions. The first one is: Do you think the women in the picture are enjoying their meeting? Why or why not?

Candidate: Yes, I think they are. They are smiling and they seem to be relaxed.

Examiner: OK, question number two: Is friendship important for you? Why or why not?

Candidate: Well, yes it is. I cannot imagine my life without my friends. I wouldn't have anybody to go out with or to talk to. My friends help me when I feel depressed and give me some advice if I need it.

Examiner: Question number 3: What was your first meeting with your best friend like?

Candidate: We first met when we started going to secondary school. I met her on the first day of school. At that time, I didn't know she would become my best friend. There was an empty chair next to her in our classroom. So I asked if I could join her. She said yes and we started talking. That's how it happened.

Examiner: Thank you. That's the end of Task 2.

Zadanie 3

Examiner: Let's start task 3, shall we?

Candidate: Yes.

Examiner: Please read the task and think about what you would like to say. You have about a minute to prepare. (After 60 seconds) You can start now.

Candidate: Well, I think the best place to spend an evening with my friend from Great Britain would be at a cinema. There are always good films in English at our cinemas so he wouldn't have problems understanding anything. Besides, the atmosphere at the cinema is very pleasant and we can go to a restaurant for a meal before or after a film. Otherwise, we can at least get popcorn and a cola. I don't think the theatre would be a good choice. The plays at theatres are in Polish, so he wouldn't understand anything and it would be very boring for him. I don't think a concert is a good idea either. I don't enjoy big crowds and very loud music. It might be tiring for us. Plus, it isn't likely that he listens to Polish bands, so I guess it is not a very good idea.

Examiner: Thank you. I will now ask you two questions. The first one is: What are the most popular **forms of entertainment** among young people in Poland? Why?

Candidate: I think the most popular is the cinema. Most young people enjoy watching films and cinemas are very comfortable; the screen is huge and the sound is amazing. You can watch some films in 3D now. I think that concerts are the second most popular form of entertainment. Teenagers like listening to music. At concerts they can see their favourite stars and enjoy themselves with friends.

Examiner: OK, and now the next question: Why do so few young people in our country go to the theatre?

Candidate: It is hard to say. There are probably several reasons. **For one thing**, the tickets are expensive. Plays are not very interesting for young people. Nobody **encourages them to go to the theatre**. I guess these are the most important reasons.

Examiner: Thank you. This is the end of the exam.

Sample answers to questions 3 and 4

How would you define the term "true art"?

I think that what is meant by true art is art that can **stand the test of time**. I mean that even as time passes, it continues to be considered historically and culturally valuable. One might say that art that is not true becomes less important as time goes by. **From my point of view** we cannot distinguish between art and "true art" as art is a **means of expression** through which an artist expresses his/her ideas, feelings, experiences and beliefs. That's why it cannot be classified; its appreciation is highly subjective.

Do you prefer watching a film at home or at the cinema?

I would much rather watch a film **in the comfort of my home** than at the cinema. It is much cheaper and I can also relax on my sofa, **lounging around** in my pyjamas, invite friends over to watch the film with me or even have a meal while doing so. It's definitely more **convenient, comfortable** and enjoyable than watching a film with a bunch of strangers at the cinema.

Sample answers to Zestawy 2-25

Zestaw 2

Sample answers to warm-up questions

1. What is your best friend like?

➤ My best friend is Sara and she is also my classmate. We have known each other since childhood. Sara is a very loyal, honest and reliable person. I can tell her all my secrets and she always helps me when I am **in need**. We spend a lot of our free time together and I never feel **bored** in her company. Sara has got a great sense of humour. She loves telling jokes. Sara is fond of horse riding and skiing. We both like listening to R&B music and jazz.

2. What's your favourite kind of entertainment?

➤ I find several kinds of entertainment really interesting. As a typical teenager, I like going to the cinema or theatre. I try to choose films or performances which **get good reviews**. Sometimes I watch TV or listen to the radio. In summer, I can't wait to see my favourite rock bands playing live at popular music festivals. During the summer holidays I always find some time to go to the zoo with friends. I love watching wild animals. In winter, I like going to **modern art exhibitions**.

3. Do you help your parents with the housework?

➤ Of course I do, although I'm not keen on **household chores**. I do the shopping and I help my mum **prepare the meals**. Everyone loves my salads. We have a dishwasher at home, so doing the washing up

has become much easier. I have to clean my room once a week and regularly **vacuum the whole flat**. Sometimes I do the ironing and I quite like it. Every day I **take my dog for a walk**.

4. Would you like to have a car? (Why? / Why not?)

➤ Yes, I would. Having a car makes you feel more independent. You don't have to wait for hours at the bus or tram stops when you want to go somewhere. You can also plan your holidays anywhere you want. My ideal car is fast and dynamic. I'd like it to be safe and comfortable as well. Today, there are many different **makes of cars** and some **models** are really good.

5. What's your favourite food? (Why?)

➤ There's nothing better than **homemade food**. I love everything that is made by my mum or grandmother. My mum makes the best cheese noodles in the world. I also like Mediterranean **cuisine** with its great variety of fantastic salads, seafood and cheeses. Eating healthy food has become a fashion today, so I remember to have a portion of fruit and vegetables every day. I rarely go to fast food restaurants, but I'm **addicted to sweets**. I have a really sweet tooth.

Zadanie 1

Sample ideas / prompts for the dialogue:

- What are the main **sources of pollution** today?
- Fumes and gases from cars and factories pollute the air. We **cut down trees** in forests. We are destroying the **ozone layer**. We are producing more and more rubbish.
- What can you do to **keep the environment clean**?
- You can **save energy** and water and you can **sort rubbish**, but, in practice, sorting rubbish is **time-consuming / a waste of time**.
- I don't think **sorting rubbish** is a waste of time. You really help the environment if you sort the rubbish into glass, paper and plastic.
- If we don't stop **polluting the environment**, our planet will face a serious ecological disaster.
- The way I see it, our planet isn't facing any **ecological catastrophe**. In my opinion, everything is under control.
- I can't imagine my life without a car. It's the only **reliable means of transport** today. Trams and buses never come on time and they are always crowded.
- I don't trust any organisations that claim to be trying to protect the environment. In fact, they are only looking after their own interests.

Zadanie 2

Description of picture

In the picture I can see some people **going up and down** an escalator. In the **foreground** there are two people going down the stairs, and in the **background** there are two people going up the stairs. I think they are in a shopping centre. The woman in the foreground is holding shopping bags and she looks very happy. I think she is **impressed with** all the shops that she can see. I think she is with her friend, and he looks happy too. I guess they have decided to go shopping together. It looks like a bright and clean shopping centre.

Sample answers to the questions

1. Do you think the people in the picture enjoy going shopping? (Why? / Why not?)

➤ Yes, I think the people in the foreground enjoy going shopping very much. They are smiling and they look very happy. Also, the woman is **holding several shopping bags**, which makes me think she likes buying new things. I can't tell if the other people enjoy shopping as I cannot see their faces.

2. Do you prefer shopping via the Internet or going to big shopping centres? (Why?)

> I like going to shopping centres as I can go with my friends and we can have fun together. We can spend all day there and stop for coffee or something to eat. It is more social than shopping online at home alone. Also, I like **trying on clothes** before I buy them, and you can't do that on the Internet. However, sometimes online shopping is very **convenient**, especially for buying things like books or music.

3. What was your best ever shopping experience like?

> It was last year in the sales after Christmas. I went to the biggest shopping centre in Warsaw with my two best friends. It was great! There were so many shops to visit and lots of really **fashionable clothes at reduced prices**. I got an amazing new coat and a beautiful bag. My friends both bought new shoes. We then went to the cinema and watched a really funny 3D film. **Afterwards**, we hung out in the cafeteria. There were lots of other young people there and it was **great fun**.

Zadanie 3

Sample answer to the task:

I think the best place for me and my British friends to stay would be at a **youth hostel**, as shown in picture 3. I think it would be the most fun for us as we could all **share a room and talk throughout the night** if we felt like it. It is also a good cheap option, unlike staying at a hotel which is usually expensive. Also, in a hotel we would be separated in different rooms, which is less enjoyable. I don't think I would choose to stay at a **campsite** with my friends, as we can't be sure about the weather, and it wouldn't be much fun camping in the rain! I also think staying in a tent is pretty tiring and not very comfortable.

Sample answers to the questions

1. What makes holidays enjoyable? (Why?)

> For me the most important thing for a good holiday is who you go with. The company you are with is what makes the experience **enjoyable**. I like to go on holiday with my friends because we enjoy doing the same things and laugh all the time. Sometimes when I go on holiday with my parents they want to do things that I find boring, like visiting museums. I prefer doing fun things like **water sports** or just **hanging out** at the beach.

2. If you could go on holiday anywhere in the world, where would you go? (Why?)

> I think I would go somewhere like Jamaica. The weather is always nice there and you can spend all day at the beach. You can **do lots of activities** like waterskiing, windsurfing and snorkelling. I have even heard that you can **go horse riding** along the beach! I would like to taste all the **local food** there too, as I think it must be very tasty with lots of fresh tropical fruit. Also, I think the atmosphere must be great, with lots of **live music** and exciting places to visit.

3. What can spoil one's holidays? (Why?)

> Just about anything! **Bad weather conditions** can definitely spoil your holiday especially if you're camping or if you've planned to do a variety of outdoor activities. **Problems with accommodation** make you **miserable** during your holiday. This can be anything from not finding a room to staying in a room which is dirty. If you are accompanied by people who you've never stayed with before, **disagreements** may **come up** about where to stay, what sights to visit, what time to get up or where to eat.

4. Why do people need holidays?

> Holidays are important because they give you the opportunity to

break away from your **daily routine**. This often involves spending time relaxing at home, which can help you **unwind**. If you are having a holiday away from home, you have the chance to **broaden your horizons** by doing things that are different like meeting new people, **experiencing a new culture**, learning about the history and traditions of a foreign country, experimenting with **exotic cuisine** and doing some **sightseeing**.

Zestaw 3

Sample answers to warm-up questions:

1. What job would you like to do in the future?

> I'd like to have both a **well-paid and satisfying job**. In addition, I'd like to be **self-employed**. I've always wanted to become an **architect**. I know it's a very **demanding profession** since it requires a lot of technical and planning skills. At the same time, doing this job can be very **rewarding** - you have a **big influence** on what your **surroundings** look like.

2. Do you always have breakfast? (Why? / Why not?)

> I try to **have breakfast** every morning. I can't imagine starting my day on an **empty stomach**. There are many people who, obsessed by the idea of **counting calories**, **skip breakfast** very often. They forget that this should be the **most important meal** of the day. When you eat breakfast, your body works better throughout the day and your **metabolism** gets a **real kick start**.

3. Where do you like going shopping? (Why?)

> Well, it depends on what I want to buy. Nowadays, there is a **big variety of shops**, so the choice doesn't always seem very easy. When it comes to food, I usually **go to the local grocer's or greengrocer's**. I choose to **go to the supermarket** when, apart from food, I need to get some **personal hygiene products**. I **shop for clothes in shopping centres**. There are many chain stores and boutiques there. Besides, during the sales, you can **pick up some real bargains**.

4. What is your favourite kind of music? (Why?)

> Actually, I don't have one favourite **type of music**. I try to listen to anything that simply sounds good. That might be **pop songs** as well as **classical pieces**. I **find going to live concerts** very exciting. There are many pop, rock, and jazz artists who **give fantastic performances**. Listening to music, in general, makes me **feel relaxed** and **puts me in a good mood**.

5. Do you often watch sports on TV? (Why? / Why not?)

> For me, **watching sports on TV** is as interesting as watching them live. Thanks to cable TV, we can watch many **sporting events**, regardless of when and where they **take place**. It is always great fun to watch football matches during the world championships. Today, on many **sports channels**, you have a chance to listen to **charismatic sports commentators** or **watch an action replay from up close**.

Zadanie 1

Sample ideas / prompts for the dialogue:

- Good morning. I am a student from Poland and I'd like to **rent a flat** in the centre of London.
- Well, it should have a kitchen or a **kitchen unit**, one small living room, a study and a fairly large bathroom. It would be great if there was a **balcony/terrace**.
- How much is the rent?
- Are the bills included in the rent?
- Does the rent have to be paid in advance on the 1st of each month?
- Where is the flat situated?

- But this flat is **located** in the suburbs of London, about 15 kilometres from the city- centre. It's too far, I'm afraid.
- What **means of transport** should I use to get to the city?
- Is the flat **furnished**? Is there any furniture in the flat?
- Do I have to **pay extra** if I want a TV set and basic **kitchen appliances**?
- I hope that **throwing a birthday party** in the flat won't be a big problem. My friends and I know how to behave. We promise to inform the neighbours **in advance**.

Zadanie 2

Description of Picture:

In the picture, we can see a young man, about 18 or 19 years old. He is sitting on a comfortable looking chair and working on a laptop. His **laid-back appearance** leads me to believe that he is at home. Perhaps he is browsing the Net or sending an e-mail to a friend.

Sample answers to the questions:

1. **Why do you think the man in the picture is using his computer?**
➤ He might be doing some research on the Internet to find information for a project or he might be getting in touch with a friend who lives abroad.
2. **Why do you think the computer is such a popular invention?**
➤ I think its popularity is **mainly due** to its many functions. You can do just about anything on a computer. Besides being an **ideal way** to **search for, process and store** information, it is a **convenient** and **economical way** to **keep in touch** with people, especially those living far away.
3. **Describe an event in your life in which a computer played an important role.**
➤ Two years ago a friend of mine moved to England. At first, keeping in touch was difficult because sending and receiving letters **by post** was very **time-consuming**. Then last year my father bought me a computer for my birthday. We also got an **Internet connection** and an **e-mail address**. **Ever since then**, my friend and I have had the opportunity to **catch up on** each other's news **on a daily basis** and this has played an important role in **strengthening our friendship**.

Zadanie 3

Sample answer to the task:

I think it would be more **appropriate** if my friend wore the clothes shown in the first picture. That way, she will **look smart enough** for the occasion. The party is obviously going to be attended by people of different ages. For this reason, an **outfit** like the one in picture three is not quite right. It would be ideal if we were **just hanging out** with friends. As for the second outfit, I think it would be **totally inappropriate** because it is **far too casual** for this kind of event. It is ideal for working out or just **lounging around** at home.

Sample answers to the questions:

1. **Is looking good important to young people nowadays? (Why / Why not?)**
➤ Yes, it is. Young people are still in the process of **building their self-image**. At this age, their feelings about who they are are based mainly on **feedback** they get from others. So it is very important for them to be liked by friends and family. It helps them feel good about themselves and **boosts their self-confidence**. They value looking good because they feel that it **increases their chances** of being liked.

2. **Do you think that judging people by their appearance is fair? (Why / Why not?)**
➤ No, it isn't. **Nevertheless**, we all do it. Our **first impressions** of people are almost always based on their **external appearance**. We do this without realising it. Having said this, I think that **instead of** judging people by their appearance, we should **give them the benefit of the doubt** and get to know them well.
3. **Can you tell what someone's character is like by their appearance? (Why / Why not?)**
➤ I suppose that we can and do use a person's appearance to make **character judgments**. For instance, aspects of someone's appearance, such as their **hairstyle** or the way they dress can tell others whether they are, for instance, **conservative, eccentric, sporty or outgoing**.
4. **Does being beautiful or handsome help in everyday life? (Why / Why not?)**
➤ Yes, it does. We automatically **take a liking** to people who are **attractive**. I think the media has played and continues to **play a big role** in emphasising the importance of **external appearance**. This is because people who appear in magazines, newspapers and television shows are more often than not attractive individuals. This is how the **image** of beautiful and successful people is created.

Zestaw 4

Sample answers to warm-up questions:

1. **Would you like to have a summer job? (Why? / Why not?)**
➤ Yes, I would. Summer jobs give you an opportunity to **gain experience, earn some money and feel independent**. If you work abroad, you can meet interesting people, see the country or practise the language. I'm thinking of **applying for the position** of assistant in one of the sports clubs in Brighton during the next summer holidays. I hope it will be fun.
2. **Is a mobile phone important to you? (Why? / Why not?)**
➤ Of course, it is. It's one of the most important **inventions** of the 20th century. The mobile phone makes it possible to use different **forms of communication**: you can call people or **text** them any time you want. Nowadays, mobile phones have **various applications** such as alarm clocks, calendars or calculators. Some mobile phones offer **full Internet access**, which allows you to send e-mails, download music or even watch films.
3. **Do you do anything to keep our planet clean? (Why? / Why not?)**
➤ Yes, I do. For example, I use a bicycle instead of car. I never **throw litter** on the street. My parents often remind me to **sort the rubbish into glass, paper, plastic, etc...** When I am in a supermarket, I always use my own bag. I also remember not to **leave the tap running** when I brush my teeth. **Being green** doesn't cost a lot.
4. **What kind of house would you like to have in the future? (Why?)**
➤ In the future I'd like to live in a small, wooden **detached house** located near some forest or lake. I'd like to have a big kitchen, a comfortable living room, a **study** and a few **cosy bedrooms**. I'd like to have a big garden with many fruit trees and a pond. I would plant a lot of flowers **in front of my house**.
5. **What's your favourite place to go on holiday? (Why?)**
➤ I love spending my holidays **at the seaside**. I always choose **Mediterranean countries** such as Croatia, Greece or Italy. There, you can be sure that you will **enjoy the sun** every day. When I am at the seaside, I like walking along **sandy beaches**, admiring **cloudless skies** and swimming in **crystal-clear waters**. I usually stay in a **cosy self-catering apartment** equipped with **cooking and washing facilities**.

Zadanie 1

Sample ideas / prompts for the dialogue:

- Hello. I'm calling to ask if it's possible to enrol on a course at your school.
- I've just passed my final exam and, in English, I've reached intermediate level.
- I'd like to join a **conversation class**. I need some **intensive language practice**.
- **When does the course start?**
- The first of June is a little bit too early. Are there any other options?
- **How many classes a week** are there?
- How many hours a week will I have?
- **90-minute classes** four times a week sounds perfect.
- How about **accommodation**? Where do the students normally live?
- To tell you the truth, I don't like the idea of staying at somebody's home. It definitely limits your freedom.
- Is it possible to attend any **extra classes** at your school?
- I'm interested in drawing and playing basketball.

Zadanie 2

Description of picture:

In the picture we can see a boy and a girl putting some paper into a **recycling bin**. It is **evident** from the labels on the bins that **recyclable waste** such as glass and paper should be put into separate bins. This makes taking it to the different **recycling plants** easier because it doesn't need to be **sorted** beforehand. The girl in the picture seems happy. Perhaps she is pleased with the fact that they are **doing their share** for the environment. She obviously realises the importance of recycling.

Sample answers to the questions:

1. **Why are the teenagers throwing the rubbish into separate containers?**
 - Well, they are doing so because the bins available are for different items. The bins that we can see in the picture are for paper and glass. The teenagers are using the bin that is for paper; they are probably **throwing away** old newspapers or leaflets.
2. **What can we do to keep the environment clean?**
 - As individuals there are a lot of things that we can do. Firstly, we can **sort our rubbish** so that we put recyclable goods in the correct bins. That way items that can be recycled do not end up sitting in a **rubbish tip**. Secondly, we can keep the environment clean by throwing our litter into bins and not on the ground. When shopping at the supermarket we need to make an effort to buy products with as little **wrapping** as possible. Besides this we can use **reusable shopping bags** instead of plastic bags. Finally, we can use public means of transport, which is definitely better for the environment than using one's own vehicle.
3. **Describe an environmentally friendly activity in which you took part.**
 - Last year an effort was made by the town council to inform all members of our community about the **recycling programme** that our **community** was taking part in. Although this programme had started years earlier, a **survey revealed** that many people did not know or understand what kind of items can be recycled and what the significance of a recycling programme is. Our task involved **going door to door** to inform members of our community. Taking part in this activity was very satisfying, and I felt that I had been a **real service** to my community.

Zadanie 3

Sample answer to the task:

Living in the suburbs in a **peaceful residential area** is definitely an **attractive option** because a house is larger and more comfortable than a flat, and the area it is in is quiet and green. On the other hand, the **cost** of rent and transport would probably be too high for me because, as a student studying abroad, I would be on a **tight budget**. For this reason, I think I would choose to stay in a **block of flats**. I would make sure that it is close to the university that I am studying at. **That way**, I would not have to travel long distances **on a daily basis** to attend lectures. This solution would obviously be more **economical** and would keep my expenses down. As for living in the city centre, I hate the idea. It might make everything from transport to entertainment more **accessible**, but I would find it difficult to **put up with** the **noise** and **air pollution**.

Sample answers to the questions:

1. **What factors do people consider when choosing a place to live?**
 - I think that there are two that play a very important role. The first one is the cost and the other one is how close it is to your place of work or study. **As far as cost is concerned**, living in the suburbs is more expensive but if you can **afford** to live in a peaceful residential area, the **advantages outweigh** the **disadvantages**. It is also important to think about the size of your family and if you have **easy access** to schools, supermarkets and public means of transport.
2. **Why may house hunting be a stressful experience?**
 - Well, house hunting is not something you do very often, so I suppose the **pressure** of trying to make the right choice is what makes it a very stressful experience. It cannot be easy to find a place that not only **meets your expectations** but also falls within a specific **price range**. In addition to this, taking a look at all the available options involves a lot of **running around**, which takes a lot of time and effort. Doing all that can be stressful.
3. **What can you learn about a person by looking at their flat? (Why?)**
 - If the flat has been **furnished** by the person living in it, how it is **decorated** can tell you a lot about that person's **taste** in furniture and design. Some people believe that a person's taste **reflects** their character. So a person with **traditional** taste might be **conservative**, while a person who has a **contemporary** style is more likely to be more modern and **open-minded**. **Plus**, how **tidy** or **messy** a person's flat is, definitely tells you about how organised they are in other areas of their life. In addition, colours are also said to represent different **qualities** or **personality traits** so they may help us understand what kind of person someone is.
4. **Why do so many young people decide to leave home and rent a flat of their own?**
 - Well, I think that young people **value** their **freedom** and they want to be able to make their own decisions about how they wish to live their lives. **The way I see it**, there is no better way to become independent than living on your own. This is especially true if it involves paying for your rent, bills and groceries, cooking your own meals and doing the housework on your own. I say this because some young adults continue to **depend on** their parents even after they have moved out.

2. What tips can you give to people who would like to start learning a foreign language?

➤ When trying to learn a foreign language, it is very important to increase your exposure to it. This involves reading anything you can lay your hands on. It is also a good idea to hear the language being spoken, so it's worth watching movies and listening to the lyrics of music written in that language. You can also try finding a pen pal in the country whose language you are trying to learn.

3. Which language skills do you consider the most important? (Why?)

➤ As I see it, the most important language skills are speaking and listening skills. This is because they are directly related to one's ability to communicate effectively.

4. Is knowledge of foreign languages important for young people nowadays? (Why? / Why not?)

➤ Yes, it is, especially English. One reason is that young people often choose to study abroad. To do this they need to have a good knowledge of the language spoken in that country. Secondly, many companies do business with other companies abroad. So, if young people wish to improve their job prospects or their chances of getting promoted, they need to learn foreign languages. Everyday activities that require the use of computers may also be made easier. Also, it is easier for you to stay informed about global events when you know foreign languages.

Zestaw 6

Sample answers to warm-up questions:

1. What is your favourite advertisement? (Why?)

➤ In fact, there are many advertisements or TV commercials that attract readers', listeners' or viewers' attention. The best are those which sound or look convincing, and, in the end, make consumers buy the products they advertise. A good advertisement should also have an element of originality or surprise. This could be an outstanding photo, a catchy slogan or a funny dialogue, for example. Yes, a good sense of humour appeals to everyone!

2. What do you like doing with your friends? (Why?)

➤ I am among those teenagers who have no time to get bored, so there are a lot of things that I like doing with my friends. During the school year, we often spend our free time at the sports hall playing basketball or volleyball. Sometimes, at the weekends, we meet at pubs or clubs just to have a chat. When winter comes, my friends and I go to the mountains to practise snowboarding. In the summer we pack our backpacks and go caving. It's so exciting!

3. Would you like to live in a big city like New York? (Why? / Why not?)

➤ It's true that many people might dream of living in a city like New York. It's a metropolis and everything there is so impressive! Every year thousands of visitors go to New York to seek fun, variety and adventure. On the other hand, it is a city with busy streets and a lot of noise. People there are constantly in a rush. On top of that there's a lot of violence and crime. I think I would feel lost living or working there.

4. Is how you look important to you? (Why? / Why not?)

➤ Yes, it is. I would say even more: your appearance very often serves as your ID card today. If you look attractive, you feel more self-confident. It's easier to find a job or be successful in your career later on. As a teenager, it's obvious that I do care about what I look like. I never wear scruffy clothes. I want people to see me as a person who has his/ her own style. That's why I try to look for a few original items whenever I'm in a clothes shop. I also regularly go to the hairdresser's.

5. What's your favourite holiday? (Why?)

➤ It's definitely Christmas. I love this holiday because of the Christmas spirit and joyful atmosphere. Every year, I can't wait to decorate the Christmas tree, sing carols or prepare Christmas dishes. I also look forward to the moment of sharing the holy wafer and opening presents. Besides, Christmas is a family holiday. We have more time for our nearest and dearest. I often call or visit my relatives.

Zadanie 1

Sample ideas / prompts for the dialogue:

- What types of restaurants do you prefer?/ What would be the best choice?
- How about going to the Chinese restaurant?
- We could organise our farewell party in a vegetarian restaurant.
- Since a lot of our friends just don't eat meat, we should focus on vegetarian dishes.
- Vegetarian cuisine is boring, I would say. There should be at least some meat on the menu.
- How about desserts?
- I'd suggest some light sweets or ice-cream.
- What should we have to drink?/ What kinds of drinks would you propose/ recommend?
- Everybody would enjoy fruit juices or sparkling drinks.
- Have you thought about what to wear?/ What clothes would be most suitable for such an occasion?
- Isn't a suit and tie too formal?
- Casual elegance is probably the most appropriate option, I suppose.
- Do we have to book the tables in advance?
- Can we make a reservation on-line?

Zadanie 2

Description of Picture:

In this picture we can see a family consisting of four members who are renovating their house. The child sitting on the stool is very young so I doubt that he is helping his parents; he might just be keeping them company. The boy, whose back is turned, seems to be doing something to the wall so perhaps his father has shown him what needs to be done. The man seems to be quite happy. I am sure that the rest of the members of this family are equally happy about renovating their home.

Sample answers to the questions:

1. Why do you think the people in the picture are renovating the room together?
 - Well, renovating your house can be considered a major event. Getting all members of the family involved can help them bond.
2. Do young people like changing their rooms? (Why? / Why not?)
 - Yes, they do. They want their rooms to reflect their own sense of taste. Also, because they are growing and their likes and dislikes are constantly changing, they like doing this quite regularly.
3. Describe how you/your parents/your neighbours/your friends renovated your/their flat/house.
 - Well, our flat looks nothing like it used to. Before moving into it my parents renovated it. It was an old flat so they decided to make major changes. This involved breaking down a wall to make the kitchen bigger. They changed the kitchen furniture and bought new electrical appliances. They also changed the floor tiles in all the rooms and the bathroom furniture. Although they did not initially intend to, they changed all the balcony doors and the front door because they were old and looked out of place after the other changes had been made.

Zadanie 3

Sample answer to the task:

I think I would choose to work as a waiter. Besides being paid a **reasonable wage**, waiters also get good tips, which means that the money I would **earn** would be quite good. Chances are that I would be able to cover my personal expenses. **What's more**, I am sure that this kind of work suits me better than that of the other two jobs. Although, providing **gardening services** does not seem like a bad idea. I've never done anything like this before so I don't have the necessary skills and **knowhow**. I think that it's a big responsibility taking care of somebody's garden. As for working as a window cleaner, I don't know what the pay is like, but it's definitely not something I would enjoy doing. Besides this, standing on a ledge to clean the windows of a flat that is not on the ground floor is very dangerous. It's not the kind of risk I'm willing to take to earn some money.

Sample answers to the questions:

1. What is more important to you, a good salary or job satisfaction? (Why?)

➤ I consider both to be very important. I do not think that you can be satisfied with a job if you have difficulty paying the bills at the end of the month. Job satisfaction comes from knowing that the work you do is **appreciated** and paid for.

2. What do you think should be taken into consideration when choosing a job? (Why?)

➤ Well, I think it's best to begin by looking at the kind of work and make sure that it suits your personality, needs, **skills** and **qualifications**. Pay, **working hours**, **job security** and **promotion/career prospects** should also be taken into consideration. Other aspects, such as location and the time needed to **commute** to and from work are also important.

3. What is a successful career in your opinion?

➤ I would define a successful career as one that allows for **self-development**. This means that you are, over the course of time, given the opportunity to **acquire new skills** and develop your personal talents and **potential**. A successful career should also help you **fulfil your ambitions** and improve your quality of life.

4. How can young people benefit from having a holiday job?

➤ Besides giving young people the opportunity to develop new skills, holiday jobs can also help teach them the value of money. It's one thing being given an **allowance** and quite another having to earn the money to cover your personal expenses. Having a job also helps young people learn to be **responsible** and acquire an understanding of the job market.

Zestaw 7

Sample answers to warm-up questions:

1. Do you have many friends? (Why?)

➤ Of course, I do. I can't imagine my life without people who I can trust and **ask for advice** when I have a problem. My friends live in Poland and abroad. They are very sociable and open. There is one thing we **have in common**: we are all very optimistic. We often exchange e-mails or we chat on the Internet. If it's possible, we visit each other and have a wonderful time together. I **can't wait for the summer**. I'm going to Italy. My friend, Adriano, has invited me.

2. Would you try any extreme sport? (Why? / Why not?)

➤ Yes, I would, although I am not a real **risk taker**. In my opinion, doing extreme sports is a **real challenge**. I can understand people who risk their health or even their life to get an **adrenaline rush**. I'm fond of water sports, so I'd like to **try scuba diving** one day. Apart

from the danger that the sport involves, I would enjoy admiring the fantastic underwater world, which is full of colourful fish and coral reefs.

3. Which means of transport do you think is the most dangerous?

➤ It's the motorcycle, beyond any doubt. Many young people want to have one, but very few realise how dangerous it can be. A typical motorcycle is very fast and dangerous and easily **gets out of control** when used by an **inexperienced rider**. What's more, young people find it difficult to **assess the risks** associated with riding a motorcycle. They very often **exceed the speed limit**, and they don't wear full **safety gear** when they ride. Someone once said that there are two types of motorcyclists: those who have **crashed**, and those who are going to crash.

4. How can you protect the environment?

➤ Well, taking care of the environment should become one of the most important points on our **list of priorities** today. Apart from **sorting rubbish** or **saving energy** and water, we can think, for example, about choosing products that are made of **recycled materials**. We can also get involved in some **environmental projects**. Besides, we can **donate money** to organisations that **protect** endangered species of animals and plants **from extinction**.

5. Do you often eat in fast-food restaurants? (Why? / Why not?)

➤ To tell the truth, I haven't been to a fast-food restaurant for months. I can definitely **do without** hamburgers and chips. It's not healthy food, you see. The fact is that anything you can buy in fast food restaurants is **high in calories** but **lacking in nutrition**. Even a simple salad contains a lot of dangerous **additives** and **preservatives**. Besides, when you eat fast-food on a regular basis, you are very likely to **gain weight** which is extremely hard to lose later on in life.

Zadanie 1

Sample ideas / prompts for the dialogue:

- Good morning. I'm looking for an overcoat, a pair of gloves and a cap to go with it.
- I'd like to buy a casual shirt and a pair of jeans / cords.
- I need a cotton top to match my waistcoat.
- Do you have these T-shirts in a size 12?
- Where are the fitting rooms? / Can I try this skirt on?
- The colour is great, but the blouse doesn't fit me. It's one size too big.
- Which jacket looks better, the green one or the red one?
- I have a complaint about the dress I bought here last week. It shrunk after the first wash. Here is the receipt.
- When can I return the item at the latest?
- How much is it? / How much does this jumper cost? / What's the price of this leather belt?
- I'd like to pay in cash.
- Do you accept credit cards?

Zadanie 2

Description of Picture:

In this picture, we can see the employees of a company attending a meeting. I think they most probably work for a **prestigious company** because they all have a **professional appearance** and they are **smartly dressed**. The woman who is standing up is showing her colleagues a **chart**. She seems happy, so I assume that the **feedback** she is giving her colleagues is positive. If they are talking about **company sales**, it is clear that there has been an increase.

Sample answers to the questions:

1. Do you think the people in the picture like their job? (Why? / Why not?)
 ➤ Yes, they appear to be happy. The working environment looks pleasant and they seem to be comfortable in each other's presence.
2. Would you rather have a low-paying job that you liked or a high-paying job that you didn't really enjoy? (Why?)
 ➤ I think that I would rather have a high-paying job than a low-paying one. The reason for this is that if you have a high-paying job, you are in a position to provide adequately for your family. You and your family have a higher standard of living and it is possible for you to make plans for the future. No matter how much you like your job, if you are struggling to make ends meet, it will make you miserable.
3. What was your holiday job like? If you haven't had a holiday job describe any kind of work you have done with your parents or friends.
 ➤ I worked as a waiter at a busy restaurant. Although it was tiring, it was rewarding in many ways. The money I earned was good enough for me to put some aside and pay for my personal expenses. Besides this, I made a lot of acquaintances because many young people like myself go there.

Zadanie 3**Sample answer to the task:**

The best option by far is, I believe, the first one. Not only are sandwiches cheaper and filling, but they are also easier to eat without the use of plates. This means that we won't have to buy plates and there will also be less cleaning up afterwards. Besides this, we can also use different ingredients to create a larger variety of sandwiches for our guests to choose from. Although I like the idea of treating our guests to some pizza, I think it is going to be more expensive and pizzas are, in my opinion, messier than sandwiches. Concerning the third option, biscuits are not my idea of a party treat.

Sample answers to the questions:

1. Do you think it is important to follow a certain diet? (Why? / Why not?)
 ➤ Maintaining a balanced diet is very important because it keeps you healthy and strong. Some people may choose to follow diets that cut out certain food groups altogether, but I think that it is healthier to eat everything in moderation. That way your body gets all the nutrients and vitamins it needs from the food you are eating, and it isn't necessary for you to take vitamins to supplement your diet.
2. Is genetically modified food a serious threat? (Why? / Why not?)
 ➤ In my opinion, it is because we still don't know what effect it could have on us and the environment. That remains to be seen.
3. Do you think that dieting is a lifestyle or just a fad?
 ➤ I think that all teenagers go through a phase where they might experiment with dieting. The reason for this is that they consider looking good very important. As they grow older, I think they grow out of it. On the other hand, dieting may be considered a global problem as many people have bad eating habits which are brought on by the hectic pace of modern life. The result is that they have problems with their weight and get caught up in a vicious cycle of losing weight and then putting it on.
4. What are the differences between eating at home and eating in a restaurant?
 ➤ Well, when you eat at home, you have to make the meal yourself and clean up after yourself, whereas when you eat out, somebody else

makes the meal for you and you can get up and leave after enjoying it. At a restaurant, you also have a large variety to choose from. You can also choose to go to a restaurant that serves the dishes that you do not know how to make or which are difficult to make.

Zestaw 8**Sample answers to warm-up questions:**

1. What holiday job would you like to do? (Why?)
 ➤ There are a few summer jobs I could do but, I think being an assistant in a sports club in England would be the ideal job for me. I could look after the equipment, collect towels or help people do some simple exercises. I could answer the phone at the reception, too. What's more, it would be a great opportunity to practise the language!
2. Do you like listening to musicians playing music in public places? (Why? / Why not?)
 ➤ Yes. I love the atmosphere created when musicians play in public places like on street corners, in underground stations or in squares. They give us a pleasant break in our daily routine, and personally, music always puts me in a good mood.
3. How important is sport in your life?
 ➤ Sport has always played a big role in my life. When I was in primary school, I was keen on basketball. I even joined a basketball team and I was the best point guard. In secondary school, I did gymnastics. Now, to keep fit, I do aerobics twice a week and I've recently started dance classes.
4. What furniture have you got in your room?
 ➤ Last month, I decided to redecorate my room completely. With a few new pieces of furniture it looks totally different. I've got a big wooden desk with a computer on it and a very comfortable bed. I've also got a few bookshelves and bookcases. In the middle of the room, there is a small coffee table with a rattan armchair and there's a stylish lamp in the corner. Actually, I'm thinking of buying a chest of drawers this week.
5. Are you afraid of insects? (Why? / Why not?)
 ➤ Yes, I am, in spite of the fact that I am a true animal lover. Some insects, like spiders, make you shiver when you think of them, and some insect bites can be very painful and dangerous. Other insects, like mosquitoes, spread diseases that can even be fatal.

Zadanie 1**Sample ideas / prompts for the dialogue:**

- What's on at the theatre this weekend?
- Is this performance a musical or a comedy?
- Is it on for another week?
- How long is the interval?
- Who plays in this musical? / Who is in the cast of this play? / How about the cast?
- How or where can I book / reserve tickets?
- How much is a ticket for the evening performance?
- Are there any discounts for students?
- How early should I book the tickets to get seats in the first or second row?

Zadanie 2**Description of picture:**

In the picture, we can see a man who is wheeling a suitcase. On the right hand side, we can see a train. Perhaps the man has just got off the train,

Madonna, Red Hot Chili Peppers, Kings of Leon and Beyonce are among those American artists whose music is very popular among young people. Many American **celebrities**, like Miley Cyrus or Selena Gomez, have even become **role models** for the young generation of Polish teenagers. When it comes to films, American productions have always attracted a lot more viewers in Polish cinemas than any other films.

4. Is knowledge of English speaking countries helpful when learning the English language? (Why? / Why not?)
- Yes, I think it is, because it makes learning more interesting. It is also useful because if we ever go to these countries, we will understand more about their culture and history. I also believe that certain expressions tell us a lot about a country's way of thinking, so it is not simply about learning words, but what's behind them too.

Zestaw 15

Sample answers to warm-up questions:

- What is your favourite sport? (Why?)

➤ My favourite sport is swimming, and that's because my father is a lifeguard, and he used to take me to the swimming pool every day when I was little. So I learnt how to swim at the age of five, and now I can't imagine my life without it. I haven't got much time now, but I go swimming at least once a week.
- Do you often go to the cinema? (Why? / Why not?)

➤ Not really, I mean I go once a month or so. Sometimes, when I see there's something interesting on at the cinema, I go more often. But the tickets are quite expensive, so I can't always afford it. That's especially when I don't get any pocket money because of my bad marks at school.
- What different types of holidays have you been on?

➤ When I was younger, my parents and I used to go on package holidays, or we would spend the holidays in our cottage in the mountains. Last year, I went to a language camp in England. I've also been camping once or twice with my schoolmates. I have been on a beach holiday in Tunisia, too.
- Is it important for you to follow fashion trends? (Why? / Why not?)

➤ Yes, it is. I like wearing clothes that are trendy and I always try to follow the new trends in fashion. But I don't like it when everyone in my class wears the same type of shoes or every second girl wears the same skirt. I think that it's important to feel good and comfortable in what you wear. I don't buy designer clothes, even though they are really trendy.
- What is your opinion about vegetarian diets?

➤ Vegetarian diets are nothing but seeing how strong or weak your will is. If you decide not to eat meat for any reasons, it's more about testing your character than doing it for your health. I think such diets are fads, and teenage girls (who are often the ones who are vegetarians) often grow out of them.

Zadanie 1

Sample ideas / prompts for the dialogue:

- Since we are sharing a flat, maybe we should discuss some rules to avoid any problems or misunderstandings.
- OK, I will do the cleaning and you do the washing up and take out the rubbish every day.
- I have to do a project for my English class, so using the computer for half an hour only is not enough for me.

- I have my English classes in the afternoon, so you can use the computer then, and I will use it in the morning.
- Is it OK if I invite my best friend over from time to time?
- I hope you don't mind my best friend coming to visit me sometimes.
- I don't like your idea of not inviting guests to our room.

Zadanie 2

Description of the picture:

In this picture I can see a girl who is at the doctor's surgery. The woman on the right hand side is the doctor and she is examining the girl's mouth. The doctor looks very friendly and relaxed.

Sample answers to the questions:

- Do you think the girl in the picture is seriously ill? (Why? / Why not?)

➤ No, in my opinion she is not seriously ill because the doctor looks very relaxed, and the girl does too. It does not look like the doctor is performing a very serious examination, it looks more like a check-up.
- Do you think that the job of a doctor is difficult? (Why? / Why not?)

➤ Yes, I think it is very difficult because there is a lot of responsibility regarding the health of your patients. You have to have a lot of knowledge and to have studied very hard to be a good doctor. You also need to keep learning new things about medicine and illnesses which must be very tiring.
- What was your last visit to the doctor like?

➤ My last visit to the doctor was fine because my doctor is very friendly, and she made me feel very relaxed. I had to have a blood test and I do not like injections, but the doctor was very gentle and it did not hurt at all.

Zadanie 3

Sample answer to the task:

As far as I am concerned, Option 3 is the best form of punishment. It shows some prisoners working outside a prison doing community work. I believe this is a good option because it teaches the prisoner to help the community and to do something useful. It is a good way for people who have done something wrong to give something back to society. I prefer this type of punishment to Option 2, which is prison, because I do not think society is helped very much by putting people in prison. It costs a lot of money for the government, and it does not normally help the prisoners. Often they learn to become worse criminals in prison, and they do not do any useful work for the community. Their time is wasted. I don't think Option 1, making somebody wear a placard to make them feel embarrassed, is a good idea. I think it is very mean and it does not help society very much. It may be effective in stopping the person from stealing again, because they feel so embarrassed by the punishment, but I do not think it is a useful way to use their time. It might make the person feel more angry than sorry for what they did.

Sample answers to the questions:

- Is the penal system fair in Poland? (Why? / Why not?)

➤ In my opinion, it's hard to understand the penal system in Poland. It seems to be very complicated, unclear and unfair. First of all, there are still many loopholes concerning taxes, politics or criminal justice that allow people to avoid the law without any further consequences. Courts are very slow. The trials last too long. Prisons are overcrowded and, in fact, they are criminal schools for the people who are serving sentences. Prisoners have no challenges and demands, so when they leave the prison, they don't know how to function in normal society. There is a big problem with teenage

Zestaw 5

Sample answers to warm-up questions:

1. Do you get on well with your parents? (Why? / Why not?)
 - > Definitely yes. They are my best friends. They don't shout at me or criticise me, and they try to understand my mood swings. My parents just know what it means to be a teenager. Of course, they don't always share my views on music, clothes or friends, but when there is something they don't like, we try to work out some compromise. My parents trust me and I wouldn't like to disappoint them.
2. Do you do any sports? (Why? / Why not?)
 - > Yes, I do. Recently, keeping fit has become an obsession. I go to the gym twice a week and, if the weather permits, I go to school by bike. I regularly go windsurfing in the summer and I go skiing in the winter. I've just taken up horse riding. It's a real challenge. I'd like to try ice climbing one day, but I know it's very dangerous.
3. What is your favourite film? (Why?)
 - > Shrek 1 is the best film I've ever seen. It's an animated comedy and love story in one. It appeals to children and adults alike. The film is full of colourful and lively characters. Donkey is my favourite. Every time I watch Shrek, I can't stop laughing. The dialogues are so funny! I often quote some catchy phrases.
4. What was your favourite subject at school? (Why?)
 - > To tell the truth, I'm rather science-oriented, so mathematics, physics and chemistry are the subjects I like learning most. Physics is my favourite. It explains the laws of nature and shows how and why things happen. Physics classes also involve doing experiments. I love that!
5. Do you like surfing the Internet? (Why? / Why not?)
 - > Of course, I do. It's hard to imagine life without the Internet. It's a great source of information and entertainment, and it's a wonderful means of communication. It makes my school life easier. Thanks to it I can download music, films or pictures. Skype allows me to contact my friends living in different places of the world. And I am crazy about doing on-line shopping.

Zadanie 1

Sample ideas / prompts for the dialogue:

- The weekend is coming. How about going somewhere interesting?
- We could go to Brighton, for example. The weather is fantastic and we will have a wonderful time there. Besides, the views are really beautiful. You can get a suntan on the beach. We might also see the famous Royal Pavilion. We haven't been there yet.
- Why don't we go to Dover? We could walk along the cliffs and visit the town.
- How would you like to get there? / How are we getting there?
- I suggest going by train. The train tickets are not as expensive as the bus. Additionally, students under 24 have a 10% discount.
- We could take a bus if you don't like travelling by train.
- Have you thought about where to stay? / Where are we going to stay?
- Well, that's not a big problem. In Brighton there are many cheap youth hostels and B&Bs.
- Ok. We will do our best to be back in London by Sunday morning.

Zadanie 2

Description of Picture:

The people in this picture must be tourists. They are visiting what seems to be an archaeological site. I think that they belong to the same group as they have gathered around a tour guide who seems to be giving them information about the site. Although I cannot see their faces, they must be

interested in what the guide has to say as they are facing her. The tour seems to have a genuine interest in the history and culture of the country they are visiting.

Sample answers to the questions:

1. Are the people in the picture tourists or locals? Why do you think so?
 - > I believe the people in the picture are tourists. Besides the fact that they seem to belong to the same group, they are accompanied by a tour guide who is providing them with information about the site. Locals usually visit sites in smaller groups and because they have some background knowledge about the sites they often don't employ the services of a tour guide.
2. What places do you like visiting when you are on holiday? (Why?)
 - > When travelling abroad I enjoy visiting places of historical and cultural interest. For me, it's not enough to simply enjoy a nice resort or the natural beauty of a country. Travelling gives you the unique opportunity to broaden your horizons by learning about what makes a country so special and what distinguishes it from other countries. Besides seeing the sights and attending cultural events, I also enjoy going to traditional restaurants to try out the local cuisine.
3. Describe your most memorable holiday adventure.
 - > My most memorable holiday adventure is undoubtedly one that I had three years ago. My family and I decided to go camping, which was something we'd never done before. The campsite was really nice. It was near a lake with crystal clear water, and it was surrounded by a thick pine tree forest. One day, my brother and I decided to explore the forest. At some point, it started to rain and then we realised we could not find our way back to the camp. Hungry, wet and scared we decided to spend the night in a cave which we had come across. The next morning, we heard growling sounds and knew that there was a bear nearby. Luckily for us, there was a hunter in the area, and he showed us the way back to the campsite.

Zadanie 3

Sample answer to the task:

I think that if I were just starting to learn a foreign language, I would choose to have private lessons. I would receive individual attention, which means that I would learn the basics well. The teacher would also be in a position to provide me with immediate feedback, so I would be able to learn from my mistakes. I would also have more time to actively use and practise the language. As for being taught in a traditional classroom environment, I don't think that I'd be able to learn the language as well because the teacher wouldn't be able to take my individual learning needs into consideration. I might end up being distracted or inattentive. The language lab, on the other hand, seems like a nice idea, but I think that this kind of activity should supplement the work being done with a teacher. On its own, it is most probably more suitable for older people who are self-disciplined and motivated to learn.

Sample answers to the questions:

1. What are the advantages and disadvantages of learning a foreign language abroad?
 - > Well, learning a foreign language in the country where it is spoken is ideal because you hear the language being spoken on a daily basis in different situations. You pick up the language without making a very big effort. You also learn the correct pronunciation, which is difficult to do when studying the language in your home country. The main disadvantage, I suppose, is that you are away from home and lack the emotional support that your family environment could give you.

which he may have taken to get to the airport. He is wearing a shirt and tie, so he might be going on a **business trip**. If he were going on holiday, I think he would be **dressed more comfortably**.

Sample answers to the questions:

1. Where do you think the man is going? What makes you think so?
➤ He must be going on a trip because he is **wheeling** a suitcase. The trip is most probably for **business purposes** because he is **dressed smartly**, which would not be the case if he were going on a holiday.
2. What is your favourite means of transport? (Why?)
➤ My favourite means of transport is the car because it's comfortable, convenient and at **my disposal** whenever I need it.
3. Describe the most exciting part of a trip you have been on.
➤ Two years ago I went abroad with my parents. It was a **wonderful experience** and I enjoyed learning about new countries and cultures. But for me, the most exciting part was travelling on a plane because I had never been on a plane before. The **take off** and **landing** were **thrilling** to experience, and I'll never forget the feeling I had looking down at the clouds as the plane climbed higher.

Zadanie 3

Sample answer to the task:

I think that all three options are important **steps to take** if you want to change your lifestyle to a healthier one. But, if I were to **recommend** one, I would choose the third option. Smoking is very bad for your health and it **eventually leads to serious health problems**. So, my friend should start by **giving up smoking**. The way I see it, this is more important than getting more exercise or having a healthier diet. She can always do those things after she has stopped smoking.

Sample answers to the questions:

1. Do you think that young people in Poland lead healthy lifestyles? (Why? / Why not?)
➤ Young people in Poland could definitely make improvements to their lifestyle. Many teenagers tend to neglect the importance of maintaining a healthy diet and do not get enough exercise.
2. What do you think can be done to lower the number of smokers?
➤ Because it is so difficult to get people to stop smoking, I think that efforts should be made to stop them from **taking it up in the first place**. To do this, there must be a **nation-wide campaign** to inform mainly young people about the dangers of smoking. It should also **stress** the importance of **leading** a healthy life. If we make people more aware of their health and the importance of **looking after** it, it will be easy to get them to stop smoking.
3. How should a healthy lifestyle be promoted?
➤ Firstly, people need to be informed about the **consequences** of not having a healthy lifestyle. **Health campaigns** can be **launched** to serve this purpose. The government also needs to make sure that people have **access to sports facilities** and that these facilities are free for the public or, at least, not too expensive. Also, if parents want their children to have a healthy lifestyle, they need to **set a good example**. They can do this by eating healthy meals and being physically active. Schools also play an important role in educating children about the importance of a healthy lifestyle and **maintaining a balanced diet**.
4. Do you think selling fast food in school canteens should be prohibited? (Why? / Why not?)
➤ Yes, I do. Fast food is usually not good for your health, so it should not be **available** in schools. Schools should be helping children to **adopt**

habits that can help them live healthy lives. Making healthy snacks and meals available to them will teach them the importance of maintaining a balanced diet. What's more, if they learn to like healthy food from a young age, they will enjoy eating it and do it because they want to, not because they are forced to.

Zestaw 9

Sample answers to warm-up questions:

1. What do you usually have for dinner?
➤ It usually depends on what I **feel like having**. To be honest, I enjoy eating simple, but at the same time healthy dishes. I usually have my dinner at home; I rarely **order** takeaways. I usually have a bowl of soup, some rice with a **portion** of white meat or fish and, of course, a lot of **steamed vegetables**. They are just fantastic. In the summer, I love preparing green salads.
2. What makes you feel happy or sad? (Why?)
➤ Well, I'm the kind of person whose **physical and mental activity** very often depends on the weather conditions. When there is a lot of sunshine and the **air pressure** is high, I feel full of **vigor and energy**. When the sky is cloudy and the **rainfall** seems to be **never-ending**, I get sad and depressed. I wait for the sun to come out again to **'recharge my batteries.'**
3. Would you like to have your own flat? (Why?)
➤ Of course I would like to have my own flat. First of all, I would have the chance to feel more **independent**; I could come back home whenever I wanted. I could also invite friends over and organise parties without **asking anybody for permission**. A situation like this would teach me how to be more **realistic about life** in general. I would have to learn how to pay the bills **on time** and how to deal with all the **household chores** on my own.
4. Would you like to go to university? (Why? / Why not?)
➤ It's true that today it's hard to imagine **beginning a career** without a good university education. First of all, studying at university helps you to **develop** both as a student and as a person. You can **attend courses** you are interested in. You can also **participate in** many interesting **exchange programmes** that give university students the **opportunity** to study for part of their **degree** in another country.
5. What would be the hardest job for you? (Why?)
➤ I wouldn't like to be a doctor, for example. For me, doctors have an **immense responsibility** for other people's lives. They **constantly** have to make difficult decisions. In addition, to become a doctor you have to study very hard and be aware of the fact that you never know enough. What's more, **being a doctor means putting your job first**, so your family comes second. And one more thing: whenever I see blood, I feel dizzy and faint.

Zadanie 1

Sample ideas / prompts for the dialogue:

- We have been thinking about organising a **sports competition** at our school.
- **The competition could take place** at the end of the year.
- We are planning to include athletics competitions and a **tennis tournament**.
- We could organise **badminton** or **table tennis matches**.
- We know there are many people who would like to try their luck at **darts**.
- We could borrow all the necessary **equipment** from the local sports centre.

- Only students from our school will be able to participate.
- Teams should be created within classes.
- All teams should be colour coded.
- Anybody who would like to take part in the competition should be healthy and in good physical condition.

Zadanie 2

Description of picture:

In this picture we can see a father and his son in the kitchen cleaning up. The boy is holding a dustpan so that her father can sweep the dust into it. The kitchen looks very clean and tidy, so I suppose that they have spent a lot of time cleaning it.

Sample answers to the questions:

1. Why do you think the boy is helping his father?
➤ Perhaps the father has asked him to help him, or maybe he thinks that he has to help with the housework because that is what is expected of him.
2. Should parents involve their children in the housework? (Why? / Why not?)
➤ Yes, they should. Children should be taught the importance of helping their family. This makes them more responsible and independent, and it also teaches them not to take things for granted.
3. What was the most memorable experience of your childhood?
➤ The most memorable experience of my childhood was a birthday party my parents threw for me when I was ten. I was not used to celebrating my birthday as my parents had never held a party for me before, so it was very exciting. My mother invited all my friends from school and from the neighbourhood and bought me a wonderful white party dress. I felt like a princess and enjoyed being the centre of attention.

Zadanie 3

Sample answer to the task:

If there were a car available, I think it would be the best option. Besides having the opportunity to travel in comfort and make as many stops as we like to stretch our legs, we would not have to drag our baggage around. What's more, it would be easier for us to enjoy our journey because we would be able to stop overnight at a hotel to get some rest and also visit sights along the way. As for taking a train, it might be easier because it would take us directly to our destination and there are various conveniences available on board, but I think I would prefer to do some sightseeing on the way. The bus might be the cheapest option, but it is not as convenient as a car.

Sample answers to the questions:

1. What can we do to make travelling safer for us?
➤ When travelling in a private vehicle we must obey traffic regulations. This involves not exceeding the speed limit, wearing our seat belts and not driving when we have drunk alcohol or when we are tired. We should also get our car serviced to check that everything is in order before setting off on a journey. The government also has an important role to play as it has to make sure that the roads are in good condition, that public means of transport are regularly serviced and that the drivers they employ are experienced and skilled enough to drive public vehicles, especially when long distances are involved.
2. What problems may come up when you travel?
➤ When travelling just about anything can go wrong. To name a few, your luggage may be misplaced, lost or damaged, you might miss

your flight, you may lose your purse or wallet or it may be stolen, the weather conditions may spoil your holiday, the accommodation you've booked might be nothing like you expected it to be, you might have a serious argument with the people you are travelling with or you may even fall ill.

3. How should drivers who ignore traffic regulations be punished?
➤ Well, it depends on how often a driver has been caught violating traffic regulations or how serious the violation is. Repeated violators should be dealt with more strictly. Their licence should be taken away for a period of time. For less serious violations drivers must be fined.
4. Which means of transport will be the most popular in 30 years' time? (Why?)
➤ I think that cars will be the most important means of transport. That's because a population increase will result in people living on the outskirts of cities. So many people will have to travel long distances to get to work. Since public transportation systems take time to build and extend, there will be an increase in the use of cars because they are so convenient. But I believe that technological advancements will have made cars more eco-friendly.

Zestaw 10

Sample answers to warm-up questions:

1. Is your lifestyle healthy? (Why? / Why not?)
➤ No, it's not. I'm a typical couch potato. I just love lazing around and doing nothing. Every day, when I come back home, the first thing I do is turn on the TV and watch my favourite sports channels. I don't care about healthy food, either. I love sweets, crisps and KFC snacks. Fruit and vegetables are boring. I don't do any sports. They are just a waste of time. I also prefer to take a tram or bus whenever I go to school.
2. Do you like the weather in Poland? (Why? / Why not?)
➤ Less and less, I'm afraid... It has become so changeable and unpredictable. First of all, I get the impression that the seasons have disappeared. There is no true spring or autumn. Summers seem to start later than usual. We can often observe sudden changes in temperature. Heavy rain and snow appear more often. They cause snowstorms and floods in many regions of our country.
3. Do you enjoy on-line shopping? (Why? / Why not?)
➤ No, I don't. To tell the truth, on-line shops are just not for me. First of all, I cannot try on and try out the items I want to buy. It's not enough to take a look at the catalogue pages and see the size number of the shoes or the ingredients of the anti-wrinkle cream. Besides, it always takes time before the products you've ordered get delivered. What's more, there is always a problem if you want to complain about the purchase. And one more thing, paying by credit card over the Internet can be very risky.
4. What places near the place you live are worth visiting and why?
➤ I live in Wrocław. It's a historic city famous for its fantastic atmosphere, monuments, and over one hundred unique bridges. It takes me only 20 minutes to get to the Old Town, which is the liveliest part of Wrocław. There, you can see really beautifully renovated old buildings, and sit or dance in pubs and clubs. You can also buy flowers in the middle of the night. In the summer this place is alive 24 hours a day! I love taking long walks in The Wrocław Botanical Garden, where you can relax and admire thousands of exotic plants and trees.
5. Who is your favourite actor? (Why?)
➤ Johnny Depp is one of the few American actors that I both admire

and like watching. He is very talented, intelligent and good-looking. His first successful film was *Edward Scissorhands*, where he played a bizarre character who had scissors for hands. Since then, he has appeared in many great productions, including *Pirates of the Caribbean* and *Charlie and the Chocolate Factory*. Apart from being a fantastic actor, he is also a screenwriter, director and producer. I think he has got a great future ahead of him.

Zadanie 1

Sample ideas / prompts for the dialogue:

- I'd like to book a single/ double room in your youth hostel.
- I want to stay here for five days.
- Could you book us for the sixteenth and seventeenth of July?
- The room has to be equipped with a TV set and basic kitchen appliances.
- I'd like a room with a view of the sea / mountains.
- Can I have a wake-up call at 7.00am, please?
- Is it possible to have breakfast in the room?
- Do you have full access to the Internet?
- How much is the room? / How much is a night in this hostel?
- Do you have any extra services included in the offer?
- Do you charge extra for additional services in the offer?

Zadanie 2

Description of the picture:

In this picture I can see some boys outside playing basketball. I think they are in a park where you can practise lots of different sports. It looks like summer time as the people are dressed in shorts and t-shirts. I think it is Sunday and the boys are playing basketball in their free time.

Sample answers to the questions

1. Do you think the boys are enjoying this sports activity? Why do you think so?
➤ Yes, I think they are enjoying it because they look relaxed. I think they are friends playing together which I think would be fun for them.
2. Which sports are most popular among young people in Poland? (Why?)
➤ In the past few years, doing sports has become one of the most popular leisure activities among Polish teenagers. They go to fitness clubs to keep in shape or to sports centres, where they can play basketball, handball or volleyball. Young people in Poland also join sports clubs for football, fencing or swimming. In summer, Polish teenagers go to the seaside to windsurf and they swim a lot. In winter, they find skiing and snowboarding really attractive. Recently, extreme sports have become very popular in Poland, so teenagers try rock climbing, caving or diving. They do these activities for fun, and because they are looking for adventure, too.
3. Describe a sporting event in which you took part.
➤ Last month, I took part in the school swimming competition. I took part in the 400 metre race with 6 other students. I had been practising for 4 months before the competition so I was feeling physically fit. I finished second in the race. The school gave me a medal and my parents were very proud. It was a great day.

Zadanie 3

Sample answer to the task:

In my opinion, option 1 is the best. It shows a music concert by students and I think this would be a great way to raise money for the animal shelter. At school there are some students who are in a very popular

band and they would sell a lot of tickets. All the money we raise goes to the charity. It would be a really fun event, and all the students would enjoy it. Option 2 is organising a 'charity' football match. The way I see it, this is not as good because not everyone is interested in football, and I don't think we would sell a lot of tickets. Option 3 is organising a bake sale during the break at school. I also think this option is not as good as the music concert because it needs a lot of preparation and we would have to buy all the ingredients. I am not a very good cook, either. So I don't think many people would buy my cakes!

Sample answers to the questions:

1. Do you support any charities? (Why? / Why not?)
➤ I don't personally give money to any charities because I don't get a very big allowance, so I don't usually have any money to spare. But I admire the work done by many charities like Action Aid and Doctor Without Borders. At school we often organise fund-raising events to help local charities.
2. What does the proverb, "Charity begins at home" mean to you?
➤ To me, it means that if we care about and try to look after the people close to us, maybe there would be less need for organised charities in the first place.
3. Do you agree with the statement that we are generous only on special occasions, such as charity events? (Why? / Why not?)
➤ I think that this might be true in part. For example, how many times have all of us ignored somebody begging for money, or not given money to street artists? On the other hand, at a charity event we usually feel obliged to be generous so as not to be embarrassed.
4. Are you for or against animal rights? (Why?)
➤ I'm very much for animal rights. I think that how we treat animals shows how civilised we are. Since animals cannot protect themselves it is our obligation to protect them and make sure that wild animals and domestic animals are treated decently.

Zestaw 11

Sample answers to warm-up questions:

1. Would you like to be a professional athlete? (Why? / Why not?)
➤ No, I wouldn't because professional athletes have to train very hard, even 6-8 hours a day, and spend long hours in the gym. I believe you have to like what you do if you want to succeed. But I'm not very keen on practising sports, so I don't think I would make a successful professional sportsman / sportswoman. Besides, I'd rather ski for pleasure or go skating from time to time than spend time training.
2. Do you like doing housework? (Why? / Why not?)
➤ Yes, I must say I like cooking very much and, like my mother, I can prepare a delicious meal out of almost anything. However, I really hate vacuuming (I can't stand the noise of the vacuum cleaner!) and taking the rubbish out because I live on the fifth floor with no lift.
3. What's your favourite gadget? (Why?)
➤ My favourite gadget is my iPhone, which I got from my grandparents for my birthday. It has many applications, such as a camera, access to the Internet and a dictionary. I can also send e-mails, read books or listen to the radio. It's small and very handy. I really love it!
4. Do you follow any diets? (Why? / Why not?)
➤ No, I don't. Frankly speaking, I am against all diets, especially slimming diets. I think we should eat anything we want but in reasonable amounts. I try to eat a portion of fruit and vegetables every day and fish at least once a week. I have a sweet tooth, though I try to cut down on eating sweets and replace them with a few raisins, peanuts or other dried fruit, which are much healthier and provide a lot of vitamins and energy for the whole day.

5. Are you interested in politics? (Why? / Why not?)

- Not really. I mean, I like to know what's going on in politics and I watch the news every day; however, I feel helpless when I see politicians **make important decisions** without asking members of society for their opinion. What is more, I think politicians do not care about the people, they just concentrate on proving which **party** is the best. The worst thing is that they do not **keep the promises** they made before the elections, and that's really sad.

Zadanie 1

Sample ideas / prompts for the dialogue:

- I've been feeling like that for the last three days.
- I **have a runny nose** and I cough a lot. For the last two days, I've had a terrible headache and a stomachache. I've got a bit of a temperature, too. I probably **picked up a cold** from my sister.
- I was going down the stairs and I **twisted my ankle**. It's swollen and it hurts.
- I slipped and fell. I must have **sprained my ankle**.
- I've been taking some **cough syrup** and some aspirin for it.
- How long should I take the **medicine** for?
- I **am allergic** to penicillin and some **painkillers**.
- Is it necessary to stay in bed or I should I just **get some rest**?
- How many times a day should I take the medicine you **prescribed**?

Zadanie 2

Description of the picture:

In this picture I can see a family who has **gone shopping** for their **groceries** at a big shopping centre. I think they are a husband and wife and their baby daughter. They are putting their **shopping** into the back of their car. I think they are very happy as I can see both parents are smiling. It is a sunny day, and I think it is the weekend as neither of the adults are at work. I think they are going to go home and **prepare lunch**.

Sample answers to the questions:

1. Why do you think the couple is using paper bags for their shopping?
➤ I think they are using paper bags for their shopping because they **care about the environment**, and they do not want to use plastic bags which cannot be **recycled** and often end up in the ocean.
2. Why are big shopping centres so popular?
➤ I think that they are popular because they are very convenient. You can go there with your car and park in the **carpark**. You can also find a big selection of **products** that can often be cheaper, too.
3. Describe an unusual event that happened while you were shopping.
➤ Once, I went to a big supermarket to buy some groceries. I paid for the shopping and then went to leave the supermarket. As I was walking out of the **store** with my shopping, the **alarm** started ringing and a **security guard** quickly came and stopped me. I felt very **embarrassed** as everybody was looking at me. **Fortunately**, the guard realised it was a mistake when I showed him my **receipts**. So he let me go.

Zadanie 3

Sample answer to the task:

I would choose Option 2 for the 'Friends of the Environment Day' project. It is a day out to the beach to collect **rubbish** that has been left there. **In my opinion**, it is very important to keep beaches clean as they are beautiful **natural environments** and need to be protected. I think it is a good **team project** as we would go with the whole school and

everyone would clean the beach together. We would have fun and help the environment at the same time. Option 1 is a recycling project and I do not think this is such a good option because we recycle everyday anyway. It is not something new or different. I also think option 3, making posters about the environment is **not as good as the trip** to the beach. Posters are important, but there are many posters everywhere already about this issue and we could just download some from the Internet. I **definitely think** we would learn the most from going to the beach for the day and doing some hard work as a team to clean up the beach.

Sample answers to the questions:

1. Which do you think is the most dangerous, air, water or noise pollution? (Why?)
➤ I think water pollution is the most dangerous as so much of the world is **covered** with water and so many animals live in the seas and rivers across the world. If it becomes polluted, thousands of **living creatures** will die. Humans also need clean water for drinking and, without it, we would not survive.
2. Are people in Poland environmentally conscious?
➤ Yes, they are **more and more** environmentally conscious. I can see people **sorting rubbish**, there are more and more plastic, glass and paper containers in the streets and, what is more, schools organise **waste-paper** collection days. There are also some charities that encourage young people to collect, for example, tops of plastic bottles. They are taken to the **collection points** and the money received is **donated** to organisations to provide wheelchairs for disabled children.
3. What do you think can be done to save endangered species?
➤ More laws need to be introduced to stop the hunting of endangered species and also more **animal shelters** and **protected areas** should be created. This way **animal populations** can live in their **natural habitats**. Also new babies that are born in animal shelters can be put back into the wild when they are strong enough.
4. What are some of the possible consequences of polluting the Earth?
➤ Polluting the Earth can cause many health problems for humans and animals. If we breathe polluted air, we can **develop asthma** and many **allergies**. Drinking polluted water can also cause many **stomach** problems.

Zestaw 12

Sample answers to warm-up questions:

1. Would you like to visit an English speaking country? (Why? / Why not?)
➤ Yes, I would. I would especially like to visit Australia because it's the place with the biggest and the most beautiful **coral reefs**, and I love **scuba diving**. It would be quite an experience! **Apart from that**, I hope I would have a chance to see a real Aboriginal. And the Australian outback must be really unusual.
2. Who is your favourite politician? (Why?)
➤ My favourite politician is Jerzy Buzek, who is now the president of the European Parliament. He is also respected by many politicians from other countries. I like him because he always seems to be a very calm and **composed** person. For me, he always knows what to do and I think he makes the right decisions. As Prime Minister, he was liked by many people.
3. Would you like to have an exotic pet? (Why? / Why not?)
➤ No, I wouldn't. One of the reasons why is that exotic pets usually, need both specific conditions and a lot of space to be kept in, like a

special terrarium for snakes or lizards. Another thing is that they are quite expensive and feeding them costs a lot, I imagine.

4. Did you enjoy going to school? (Why? / Why not?)

➤ Of course, I did. I had very nice people in my class, everyone was reliable and helpful. I could always talk to them and laugh with them. Sometimes we would even play tricks on each other and play truant. I had a wonderful biology teacher whose lessons were always really interesting, so these were the things that made me like and enjoy going to school.

5. Do you know how to cook? (What? / How?)

➤ I'm afraid, I don't. I have never been interested in cooking, unlike my brother who was always observing when our mum was preparing dinner or salads or was baking cakes. Now he is really good at cooking. The only things that I can make are scrambled eggs and a mushroom omelette. And I can boil water, too. But I would really like to learn how to cook.

Zadanie 1

Sample ideas / prompts for the dialogue:

- I think that inventions play a very important role not only in the scientific world but also in ordinary people's lives.
- I consider the computer to be the most important invention of the 20th century because it serves as a source of information, a way to communicate with people as well as an indispensable tool for many people at their workplace.
- Many people consider the invention of paper, printing or the telephone to be the most important invention made by mankind.
- Popular inventions include such things as the television, radio, washing machine, dishwasher and many other devices or household appliances.
- Necessity is the mother of invention.
- I don't think that inventions have only disadvantages. They have many more advantages than drawbacks.
- I think computers may replace people in the near future.
- Technological progress is so fast that, in the near future, scientists will construct robots which will be able to do a lot of work for us.
- The development of new technologies and telecommunications will lead to new discoveries and inventions.
- Maybe in the future someone will invent a magic (digital?) wand with which, for example, dinner will be ready within 5 seconds, homework done within 2 seconds or the clothes washed and ironed within another second. You just press the button and all's done!

Zadanie 2

Description of the picture:

In this picture, I can see a family having a picnic in a park. I think that the woman on the left is the grandmother and the couple on the right are the mother and father of the two children. Everybody seems to be very happy and having a great time. They are eating apples and bread and drinking coffee. I think it is autumn as they are all wearing jackets and clothes to keep warm. It is a beautiful sunny day.

Sample answers to the questions:

1. Why do you think the people in the picture have decided to spend their time like this?

➤ I think they have decided to go to the park as it is a beautiful day and they enjoy being outside. I think it is the weekend and it is a good opportunity for them to spend some time together.

2. What do you think are the best ways to strengthen family ties?

➤ The best way to strengthen family ties is to spend time together doing fun things. This could be anything, like going to the beach during summer, going to the cinema or playing a board game at home.

3. Describe an enjoyable event in which you and your family took part.

➤ Last Christmas all my relatives came to stay at my house. My parents prepared a huge and delicious meal and then we all sat together in the living room and played a board game. It was great fun. We were divided into two teams and at times people were shouting and screaming, but everyone really enjoyed themselves and, in the end, it didn't matter who won.

Zadanie 3

Sample answer to the task:

From my point of view, you should take some herbal medicine for your cold. These products are completely natural and they do not have any side-effects. I think this is the best option for you now. If you do not get better, maybe then we can try option 2 and get you some pills from the chemist. I don't think pills are as good as herbal medicine as they are sometimes very strong and can make you feel sleepy. Option 3 is staying in bed, which is also a good idea, but first, I think you need to take some medicine. I think you should go to bed and rest after you have taken some herbal medicine, then I am sure you will feel better in no time!

Sample answers to the questions:

1. "Prevention is better than cure". Do you agree? (Why? / Why not?)

➤ Absolutely, I agree. By preventing ourselves from getting ill, we save a lot of time and money which we have to spend once we are sick. It is horrible feeling ill, and I think anyone who could avoid it would choose to. Sometimes, of course, it is impossible to avoid becoming ill, so it is important that we still know about good cures.

2. Do young people today need to be better informed about health issues? (Why? / Why not?)

➤ No, the way I see it, we are very well informed about health issues these days. For example, we all know it is bad for our health to smoke, but when my grandparents were young they didn't know. Of course, it is important that we continue to be informed about new health issues that develop.

3. Do you consider Polish people to be healthy? (Why? / Why not?)

➤ It's difficult to say, but I think they used to be healthier. Nowadays people, not only in Poland, eat more junk food, which is really bad for their health. Also eating habits have changed a lot and, as a result many people develop various serious diseases. I think there are more viruses and bacteria that are dangerous for our health. I would say that Polish people do not care about their health. They are stressed and lead a sedentary life, both of which also cause many diseases.

4. How do you imagine the future of medicine?

➤ I think there will be more and more parts of our body that can be replaced by robotic parts, so that, for example, if we have a problem with our heart, we will be able to replace it with an electronic heart.

Zestaw 13

Sample answers to warm-up questions:

1. What are some possible dangers of modern technology?
 - If technological advances are not dealt with wisely, it is quite possible for them to **fall into the hands** of the wrong people who might use them to harm others. Personally, I think it's really **frightening** that **microchips** can be **implanted** under our skin to make us be more controllable. And it's **scary** to know that forms of **biological and chemical warfare** can be used against whole populations.
2. Would you like to study Chinese? (Why? / Why not?)
 - Yes, but I think it's a very difficult language. There are more and more people who believe that Chinese people are wise and **live in harmony with nature**, eat healthier food, etc. Besides, I would really like to go to China, **especially** to see the Great Wall.
3. Who is your favourite writer? (Why?)
 - My favourite writer is Oscar Wilde. I love his **sense of humour** and his wit. I think that he was a very good writer and there's much truth in his statements. He also had a very interesting **personality**, and he was extremely intelligent.
4. Do you like the place where you live? (Why? / Why not?)
 - Yes, I like it very much. It's very **peaceful** and nice. There are many **cosy** restaurants near the place where I live, so I can always **go out for** a meal or coffee with my friends. There's also a pizzeria nearby where they **serve** the most delicious pizza in the world. I live near a big park and I love going for walks there, especially in summer or spring.
5. Do you like visiting zoos? (Why? / Why not?)
 - No, I don't. I think keeping animals in cages is **cruel/inhumane**. They should live in their **natural habitat** and should not be **imprisoned** in small cages. If someone wants to see a wild animal, they can see it on the Internet. In my opinion, it does not make any difference if you see them live or not, and most important they don't suffer.

Zadanie 1

Sample ideas / prompts for the dialogue:

- I would like to organise a happening to **prevent physical violence and emotional abuse**.
- I think there's too much violence in today's world so I would like to organise a campaign against using it.
- If the **law** was **stricter** for criminals, there would be less violence and fewer criminals.
- People feel less safe nowadays, that is why there are many people in favour of **capital punishment**.
- I think there's too much violence in computer games and on TV and young people (and not only them) think it's normal to **commit crimes**. Violent films are often a good source of ideas for crimes.
- Young people are very aggressive and they don't distinguish between reality/real life and **virtual reality**. Computer games offer them many lives so they think they may have the same in the real world.
- **Bullying** is very common even in primary schools. Another example of violence is **mental abuse** – children/teenagers laugh at their friends for different reasons, for example, because their parents don't have a car.
- Using **dirty/swear words** is also, I think, a sign of violence.
- I believe that if people organise more campaigns against violence, they may **stop** the criminals **from** committing crimes.

Zadanie 2

Description of the picture:

I can see a boy eating a slice of pizza and drinking a soft drink. I think he is sitting in a **fast-food** restaurant. He is sitting by the window.

Sample answers to the questions:

1. Do you think the boy in the picture is enjoying his meal? (Why? / Why not?)
 - Yes I think he is enjoying it very much as he is taking a very big bite and holding the pizza with both hands. He is leaning forward which makes him look like he likes the food.
2. Do you care about what you eat? (Why? / Why not?)
 - Yes I am quite careful about what I eat because I know it is important to eat a **healthy diet**. I feel better and have more **energy** when I eat lots of fruit and vegetables.
3. What was your last visit to a restaurant like?
 - The last time I went to a restaurant, I went with some friends and we went to a new restaurant that had opened. It had different food from all over the world and you could **help yourself** to as much as you wanted. I tried some **dishes** from Thailand and they were very **tasty**.

Zadanie 3

Sample answer to the task:

The shop I would choose is the supermarket in option 2 because I can buy everything I need there. It is very big and has a very **wide selection** of products. It is also **convenient** for me as I can go by car and park in the supermarket carpark. Option 1 is not so good for me as it is a shop selling lots of different **spices and nuts**. I need to get **household products** like washing-up liquid, so this shop would not be suitable. Option 3 shows a greengrocer's which would also not be suitable as they do not have the **variety** of products that I need for my **weekly shopping**.

Sample answers to the questions:

1. What are the positive and negative aspects of advertising?
 - The **positive aspect** of advertising is that it informs us about products and helps us decide what we want to buy. The negative aspect is that it is very **powerful** and can sometimes **influence** us to buy something that we don't really need.
2. What factors do you think influence people's shopping habits?
 - I think people's shopping habits are influenced by many things. Most importantly they are **affected** by how much money people have. People with a lot of money can shop in expensive shops whenever they feel like it. Also, **in my opinion** shopping habits are influenced by age. Young people spend more money on **fashion and leisure activities**, and older people spend more money on their families and homes.
3. Are credit cards going to replace banknotes in the near future? (Why? / Why not?)
 - Yes, I think so. More and more people are using credit cards **instead of cash** and I think in the end there will **no longer be any need** for banknotes. **The way I see it**, this will not happen in the very near future but maybe in the next 50 years. That's because there are still a lot of older people who have grown up with banknotes, and they will **have a hard time** understanding how to use credit cards.
4. Is it likely that online shopping will replace traditional shopping? (Why? / Why not?)
 - I don't think it will replace it completely because I think people like to touch or smell what they buy sometimes, especially when buying food. I think more and more shopping will **take place** online, but

there will still be certain shops that will continue with the traditional method.

Zestaw 14

Sample answers to warm-up questions:

1. What is your favourite film? (Why?)
➤ My favourite film is the romantic comedy *Notting Hill*, and this is not only because of the plot but also the cast. Hugh Grant and Julia Roberts are my favourite actor and actress. My favourite scene is the one with the song *Ain't no Sunshine*. Plus, Spike, William's housemate, with his bizarre manners is so funny!
2. Would you like to take part in any American or British celebrations? (Why?)
➤ In fact, I'd like to take part in many British and American celebrations, for example, Halloween, Thanksgiving Day or just Christmas or Easter, which are very different from Polish traditions. I would also like to see how the Queen's birthday is celebrated in Britain or how people in the USA celebrate Independence Day.
3. Are your neighbours friendly and helpful? Why do you think so?
➤ Yes, our neighbours are very friendly and helpful. Whenever we need help we can always rely on them. When my parents would go away or come back home late after work, they used to take care of me and my brother. They are my parents' age and they have a daughter my age – she is actually my best friend. We really get on well with our neighbours.
4. How often do you use a computer? What do you use it for?
➤ I use a computer every day, like most teenagers. Sometimes it's only for two hours, sometimes it's five hours a day. I usually use the computer to send e-mails to my friends from England and Spain, to download music and also to surf the net. And obviously, to chat – that's what I use it for most often.
5. Do you think it is important to know some basics of first aid? (Why?)
➤ Yes, it's very important. When you witness an accident and you know the basics of first aid you might be able to save someone's life. The first moments after the accident are the most important, so before an ambulance arrives, you can be very helpful.

Zadanie 1

Sample ideas / prompts for the dialogue:

- I would like to share a room with some other person because Stephan / Clare, I mean my roommate, is really strange. I don't know him / her well but he / she is annoying and too shy. I'm an extrovert and I'm a chatterbox, as my best friend says, and I have nothing to talk about with my roommate.
- My roommate never cleans the toilet and is always leaving dirty dishes in the sink.
- I can't stand his / her behaviour.
- He / she is a real pain in the neck.
- If there are no vacancies, then I can stay with an English family.
- I will find someone who is willing to swap rooms with me.
- No, I don't judge people before I get to know them well, but he / she really gets on my nerves.
- I will either change room or roommate, or I give up the course.

Zadanie 2

Description of the picture:

I can see a group of children having a lesson outside in a woodland area. The man on the left hand side of the picture is their teacher. I think he is talking to them about nature and trees. I think the children are on a school trip.

Sample answers to the questions:

1. Do you think the students are enjoying this lesson? (Why? / Why not?)
➤ Yes, I think they are enjoying the lesson as they are smiling and asking questions. They look very interested in what the teacher is saying.
2. Do you like studying in a group or alone? (Why?)
➤ I like studying in a group because it is more fun, and we can share ideas together. I can ask my friends for help if I don't understand something, and they can ask me.
3. Describe the most enjoyable lesson you have ever had.
➤ The best lesson I have ever had was when our Art teacher took us to the park. We sat outside and made pictures using leaves and painting them. We worked in groups, and when we had finished our pictures, they were displayed in the entrance of our school.

Zadanie 3

Sample answer to the task:

In my opinion, we should go to Sydney in Australia. The weather there is fantastic at this time of year and we could go swimming in the sea. We could even go surfing! It is a beautiful city with modern architecture, parks and plenty to see and do. I think New York is not such a good option as it is such a busy, crowded city. I think it would be tiring and we might get lost there; I also think London is not such a good option as the weather is bad there; it always rains! Also London is closer to Poland so we can visit it anytime. I think this time, we should have a real adventure and go somewhere far away!

Sample answers to the questions:

1. How would you describe a typical Englishman and a typical American?
➤ I think a typical Englishman is smartly dressed and polite. He is also quite reserved and quiet. I think a typical American is loud and friendly. He is casually dressed and maybe wearing a baseball cap. I also think he smiles a lot.
2. Why do you think Great Britain and the USA have become multicultural countries?
➤ I think the USA has become multicultural because for many years it has been one of the richest countries in the world with the most job opportunities. This means that many people have travelled there from other countries to start new lives and to get a better future. I think Great Britain is multicultural for the same reasons but also because of its history. It used to be a big empire with lots of colonies so many people from these colonies ended up moving to Great Britain.
3. How do American culture and lifestyle influence life in Poland?
➤ Although Poland has its own history and traditions, American trends have a big influence on Polish life. Food, music, cinema, television programmes, fashion – everything seems to be reflected in the way Poles live and function. Whole families, for example, enjoy themselves in fast foods restaurants such as McDonald's or KFC.

criminals who are committing more and more serious crimes. It is high time politicians started a serious discussion about the issue of crime and government policies.

2. Why do people commit crimes?

➤ In my opinion, people commit crimes for many reasons. Sometimes they do it just because they are young and they want to rebel. Sometimes people commit a crime because they are very poor and they need money. Sometimes they commit crimes because they have drug problems. Sometimes they do it because they have grown up in a culture where crime is a normal part of everyday life.

3. How should the government prevent young people from committing crimes?

➤ I think the government should create lots of job opportunities for young people so that they can build good futures for themselves. I also think the government should make sure there are lots of interesting and fun leisure activities for young people to be involved in. This will help them use their time in a positive way and stay away from crime.

4. Do you think people should react when they see minor crimes being committed?

➤ Yes, I think that it can be useful to react when we see people committing minor crimes, because sometimes this can stop the crime from happening, and it removes the need for serious punishment. For example, if we see someone talking on their mobile phone while they are driving, we could try to speak to this person and explain how dangerous what they are doing is. If a person can realise that what they are doing is wrong, without the need for the police getting involved, I think it is much better for everybody.

Zestaw 16

Sample answers to warm-up questions:

1. What are your favourite restaurants? (Why?)

➤ My favourite restaurants are those where you can get good food at a low price. The one I really like is in the marketplace. It has comfortable armchairs and the waiters are nice. They also serve delicious seafood, which I love. And the desserts are huge!

2. Do you like going to parties? (Why? / Why not?)

➤ Most people my age like parties, but I don't. It's because every party is the same: loud music, many people, no food – just snacks or salty sticks. Of course, it depends on where you go, but usually it's a pub or a bar, and I don't like such places.

3. Do you keep a diary? (Why? / Why not?)

➤ I personally don't keep a diary as I have no time for it, but many of my friends do. I think it's a good idea to keep one in general, and the nicest thing about it is that after some time, when you are 10-15 years older, you can recall what problems you had when you were younger, or who you used to go out with, or why you didn't like some girl at school.

4. Is earning a lot of money important to you? (Why? / Why not?)

➤ Yes and no. Pablo Picasso once said: "I'd like to live like a poor man with lots of money" and I really like this quotation. Earning a lot of money is necessary to make your dreams come true, for example, going on a trip around the world (or travelling in general) or buying your dream house. But I also realise that money does not always bring happiness, so for me earning enough money to live comfortably is more important than earning a lot of money.

5. Do you like tests and exams? (Why? / Why not?)

➤ I don't think anybody likes them, but they are a part of our lives – there are many exams we have to take in life. On the one hand, I like

them because you can check to see how much progress you've made or see the results of the efforts you have put into something. But on the other hand, they are very stressful and sometimes the results of the exams determine your future career, or even your whole life.

Zadanie 1

Sample ideas / prompts for the dialogue:

- The reason I decided to study in the USA is because I would like to stay here for good.
- It's much easier to study in the USA than in Poland and it's easier to get into university, too.
- I'd like to improve my English, and I think studying here would help.
- I have always been very good in chemistry and biology, so I would like to be a scientist.
- I won an international maths competition in the final year of secondary school.
- I passed the CAE exam last year with a good mark.
- American universities offer a lot of extracurricular activities I am interested in.
- As for accommodation, I'm going to stay at my aunt's, so it's not a problem.
- I'm thinking of renting a room in the suburbs, which would be cheaper.

Zadanie 2

Description of the picture:

In this picture, I can see a family that has just bought a house. They are being given the keys to the house by the estate agent. The family looks very happy, I think they are excited about moving into their new home. The house has a nice garden with grass in front of it, where I think the children will play happily. There is also a shaded area outside the house where they can sit. The weather looks very nice as they are wearing light clothing.

Sample answers to the questions:

1. Why do you think the people in the picture have bought a new house?

➤ I think the people in the picture have bought a new house because they wanted to live somewhere bigger and have space for their children to play. I think they have been saving for a long time and finally they have managed to buy the house of their dreams.

2. Where would you prefer to live, in a big city or in the country? (Why?)

➤ I would prefer to live in the country rather than a big city because I like being outdoors. I enjoy playing outside with my friends, going for walks and exploring nature. I think it is also safer for young people in the country as there is less crime and they can hang out with their friends without their parents worrying about their safety.

3. Describe a visit to the most beautiful house you have ever been to.

➤ Last summer, I went to stay at my best friend's grandparents' house in the country. It was the most beautiful house I had ever been to; it was like something from a fairytale. The house was situated on the edge of a forest by a river, far away from any roads or town. It was so quiet and peaceful, the only sounds were from birds and from the river running gently over small rocks. The sitting room had a huge log fire and every day we would collect wood from the forest to burn. It was such a cosy and relaxing place to stay that I will never forget it!